

系東流空手道



SHITO RYU KAI INTERNATIONAL KARATE DO - ACADEMY INDIA

Affiliated to World Karate - Do Federation
Karate Organisation India District & State Karate Organisation
Regd. by Govt. of India I.O.A., I.O.C., S.A.I., GAMES ASIAN GAMES, OLYMPICS
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MEMORANDUM OF UNDERSTANDING

MEMORANDUM OF UNDERSTANDING (MoU)

Between

SHITO RYU KAI INTERNATIONAL KARATE DO – ACADEMY INDIA

Brundavan Gardens, Guntur -7 A.P

and

The Department of Physical Education

ST. ANN'S COLLEGE FOR WOMEN

Gorantla, Guntur, Andhra Pradesh.

This Memorandum of Understanding (MOU) sets for the terms and understanding between SHITO RYU KAI INTERNATIONAL KARATE DO – ACADEMY INDIA Brundavan Gardens, Guntur, A.P and The Department of Physical Education, ST. ANN'S COLLEGE FOR WOMEN, Gorantla, to contribute to the growth and development of Karate -Martial Art in Guntur District.

Purpose:

This MoU was made for giving training to the girl students in Karate which is a Japanese martial art that focuses on the development of student's physical, mental, and moral aspects. It aims to improve an student's total health and well-being. By this MOU both parties will also explore their joint approaches and the activation of an enhanced Corporate Social Responsibility (CSR) relationship with other institutions

Theme :

“Karate is about discovering a path between Self-Protection and Self-Perfection”.

The below mentioned key points of Karate techniques helps in the progress of a Karate student

DACHI and WAZA	– Stances and Techniques.
BALANCE	– Control of self and mind while moving or stable.
COORDINATION	– Correct movement of the body in rhythm.
CORRECT FORM	– Performing your techniques correctly.
SPEED	– Execution of the karate techniques without loss of form.
POWER strength.	– Developing and enhancing muscular, rhythmic and internal
REFLEXES	– Develop an ability to react appropriate in time of need.
INTERNAL STRENGTH	– Efforts with whole mind and body.

Objectives :

The following are the objectives and various qualities inculcated in a person who pursues Karate-do:-

- Self Discipline,
- Improving Focus and concentration,
- Sharpening the Memory,
- Working as a Team, Control and Patience,
- Physical Fitness,
- Developing Physical, Mental and Emotional Balance,
- Coordination of the mind and body,
- Etiquette and Manners, Self Defense skills..

Functions :

- 1.Organizing Karate Classes in the schedule time given by the Management.
- 2.Participation in State/National/InternationalChampionship to increase confidence Levels
Organizing.
- 3.Providing Employmentopportunities and best caliber in their life.

Duration :

This Memorandum of Understanding is at will and may be modified by the mutual consent of the SHITO RYU KAI INTERNATIONAL KARATE DO – ACADEMY INDIA Brundavan Gardens, Guntur , A.P. and The Department of Physical Education, ST. ANN'S COLLEGE FOR WOMEN Gorantla, Guntur, Andhra Pradesh. This Memorandum of Understanding shall become effective from the date of its approval by competent authorities at both ends and the duration of this MOU shall be for a period of FIVE YEARS from the effective date i.e., 01-09-2021.

K. Suresh
Hanshi K. Suresh
General Secretary & Founder
KARATE-DO ACADEMY
India Chief Technical Director & Examiner
International Referee & Judge, GUNTUR



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